



PRURide PH 2019 GRAN FONDO

May 26, 2019

Harbor Point, Subic, Zambales

GRAN FONDO SPECIFIC REGULATIONS

Article 1 – Description

- 1.1 Gran Fondo is a non-competitive, non-racing event. It is open for any individual and teams.
- 1.2 Participants can join different pace groups. Whether beginner, intermediate, or advance.

Article 2 – Categories

2.1 Gran Fondo categories are as follows:

- Gran Fondo – 100 kilometers
- Media Fondo – 100 kilometers
- Mini Fondo – 40 kilometers

Article 3 – Age and Eligibility

3.1 Minimum age requirement is 14 years old and above.

Article 4 – Schedules and Venue

4.1 Event date is on May 26, 2019 at Harbor Point in Subic, Zambales.

4.2 The event will be held from 5:00 a.m. to 11:00 a.m. with the following starting time for each category:

- 5:00 a.m. – 100KM
- 6:00 a.m. – 60KM & 30KM

Article 5 – Event Method

5.1 Allowed bikes are those with brakes and wheels bigger than 16 inches. No

aerobars allowed.

5.2 Participants are given a six (6)-hour period to complete the whole course (regardless if 100KM, 60KM or 30KM). After which they will be requested to ride the support vehicles to give-way for the next event.

5.3 All participants must wear minimum safety gear. No helmet, no ride rule will be strictly implemented. Participants are also encouraged to bring headlights and blinkers, especially for the 100KM who will be starting at 5:00 a.m.

5.4 In case of an accident, ambulances are on standby and can be reached thru hotline numbers provided on all directional signs and the medic stations, water stations and aid stations along the route.

5.5 Support vehicles from the organizers are allowed only at the rear of the Fondo with the supervision of a commissaire.

Article 6 – Conduct of Riders

6.1 General principles of sportsmanship are expected from all riders.

6.2 Dangerous and reckless riding, foul language, sexist, discriminatory and violent behaviors will not be tolerated.

6.3 Be respectful and mindful of other people and the environment.

6.4 Riders may not, without due care, jettison food, bonk-bags, feeding bottles, clothes, etc. in any place whatsoever.

6.5 Riders may not jettison anything on the roadway itself but shall draw to the side of the road and safely deposit the object there.

6.6 If waste zones are established by the organizer, the rider must safely and exclusively deposit their waste on the sides of the road in this area.

6.7 Carrying and/or using glass objects are not allowed.

Article 7 – Organizers

7.1 PRURide PH 2019 is organized by Race Mechanics for Pru Life UK. For inquiries, contact info@prurideph.com or email the event director at secretariat@withoutlimits.ph.